



## COMPOUNDS

### ❖ **Vulvodynia**

- Gabapentin 3-6% Vaginal Cream
- Estriol 0.05% Vaginal Cream
- Ketamine 5%, Lidocaine 5%, Gabapentin 6% Vaginal Cream (+/- Doxepin 2% prn itching)

**SIG: Apply 0.5ml vaginally once-twice daily**

### ❖ **Vaginal Atrophy**

- Estriol 0.5mg -3mg Cream
- Hyaluronic Acid 5mg, Vitamin E 1mg Emollient Cream

**SIG: Apply vaginally every night at bedtime for 14 nights then every other night as needed**

### ❖ **Hemorrhoids**

*Suppositories*

- Hydrocortisone 0.5-2.5%, Lidocaine 1-4%
- Nifedipine 0.2% (anal fissure)
- Ketoprofen 100mg, Lidocaine 2%

**SIG: Insert one supp. rectally as directed at bedtime**

### ❖ **Pregnancy Nausea/ Vomiting**

- Ondansetron 4-8mg/0.25ml Topical Lipoderm
- Promethazine 12.5-50mg/0.25ml Topical Lipoderm

**SIG: Apply 0.25ml topically to wrist every 6-8 hours as needed for nausea**

### ❖ **Yeast Infection**

- Boric Acid 600mg Vaginal Capsules or Suppository

**SIG: Use one capsule vaginally every night at bedtime**

### ❖ **Hormone Replacement Therapy (HRT)**

*Capsules, Cream, PLO Gel, Troches, Suppositories*

- DHEA
- Estradiol
- Estriol
- Estrone
- Pregnenolone
- Progesterone
- Testosterone

## COMMERCIAL MEDICATIONS

Alendronate 35mg Tablet	(\$3/pack)	Ondansetron 8mg Tablet	(\$5/30)
Alendronate 70mg Tablet	(\$3/pack)	Phenazopyridine 100mg Tablet	(\$5/30)
Azithromycin 500mg Tablet	(\$1/10, or \$15/30)	Progesterone 100mg Capsule	(\$5/30)
Estradiol 0.5mg Tablet	(\$5/90)	Progesterone 200mg Capsule	(\$10/30)
Estradiol 1mg Tablet	(\$5/90)	Promethazine 12.5mg Tablet	(\$10/30)
Fluconazole 150mg Tablet	(\$3/4)	Promethazine 25mg Tablet	(\$10/30)
Folic Acid 1mg Tablet	(\$3/30)	Sulfa/Trim 800/160mg Tablet	(FREE/20)
Metronidazole 500mg Tablet	(\$10/30)	Terconazole 0.8% Vaginal Cream	(\$40/tube)
Nitrofurantoin(mono/macro)100mg Capsule	(\$10/20)	Valacyclovir 500mg Tablet	(\$10/30)
Ondansetron 4mg Tablet	(\$5/30)	Valacyclovir 1gm Tablet	(\$15/30)

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